

New Elementary 2
Unit 2, Lesson A: Grammar
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Adverbs of Frequency

- **Indefinite Adverbs of Frequency:**
always, usually, never, seldom, often, ...
- **Definite Adverbs of Frequency:**
once a month, twice a day, three times a year, ...

The Position of Indefinite Adverbs of Frequency:

✚ After the Verb "to Be":

to be = am, is, are, was, were

*Robert is **always** on time.*

*They were **usually** ready to help us.*

✚ After the Helping Verb, Before the Main Verb:

*Mary doesn't **usually** study her lessons on the weekend.*

doesn't => Helping Verb

study => Main Verb

*Jack didn't **often** go swimming in winter.*

didn't => Helping Verb

go => Main Verb

✚ Before the Helping Verb in Short Answers:

Yes, they **often** do.

Yes, she **sometimes** does.

No, he **usually** didn't.

No, I **never** do.

Point:

We use "ever" only in **yes/no questions** and **negative sentences**. We can't use "ever" in positive sentences.

Examples:

Do you ever go to the gym on weekends?

Did they ever exercise in the morning?

They don't ever waste their time. = They never waste their time.

He doesn't ever exercise late at night. = He never exercises late at night.

Point:

If you want to ask a WH question about an adverb of frequency, use "how often".

Examples:

How often do you play video games?

How often does your friend visit you?

Source:

[New Elementary 2 \(anglophone.ir\)](http://anglophone.ir)